

Language Goal

(to be completed w/every goal)

Date Goal Set: _____ / _____ / _____
day month year

Date Goal Completed: _____ / _____ / _____
day month year

1.) What is your goal?

2.) Why do you want to achieve this goal?

3.) What are the steps to achieving this goal?

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4.) How long will it take you to achieve this goal?

5.) What are the challenges in completing this goal?

6.) List 3 things that might happen if you reach your goal.

(1) _____

(2) _____

(3) _____

7.) *Once the goal is achieved*, how do you feel now that you've achieved this goal?
